

## Solidarity through sport

Volunteering activity for a female volunteer from 01.10.2022 until 30.09.2023 in Aschaffenburg, Germany.

### Project description

Are you interested in sport? Do you like working with young people? Then be part of our team of the youth center "JUKUZ"! You assist in all kinds of sport events, youth activities and youth exchanges. You also gain insight into the running of a very active youth center. Apart from sport projects, we also offer a wide variety of different activities for young people, e.g., youth radio, media work, music projects ... Moreover, you can plan and implement your own ideas and projects.



Our aim is to introduce our target groups to intercultural exchange through the help of the European volunteer. The JUKUZ is experienced in hosting volunteers from Germany and Europe.

The JUKUZ is located right in the center of Aschaffenburg. What can you expect of Aschaffenburg? With 70 000 inhabitants, it is a very vibrant city with lots of opportunities to go out. Cinemas, theatres, museums, language schools, pubs, clubs and much more! Also, Frankfurt am Main with its international airport is just 50 km away.



### Accommodation, food and transport arrangements

You share a flat with another volunteer close to the centre of Aschaffenburg. You have your own room with shared bathroom and kitchen. The flat is fitted with a washing machine. Internet access is available. All costs related to the accommodation as well as the monthly food allowance of 263.00 € is paid by the hosting organisation. The JUKUZ will provide a bike for you to get around in Aschaffenburg and a local bus/train ticket.

### Training during the project

- On-Arrival Training
- Mid-Term Training
- language course



## Volunteer profile

- you have an ESC sending organization and are registered in PASS
- you are **crazy about sports and practice sports actively** (preferably basketball and football)
- you are experienced in working with young people or children
- you have some **basic knowledge of the German language**
- you are creative and full of ideas

## How to apply

Send an email with your CV and motivation letter to the coordinating organization IN VIA Aschaffenburg ([europa@invia-aschaffenburg.de](mailto:europa@invia-aschaffenburg.de)).



## Project Details:

### **The main objectives of the project are the following:**

- to give the volunteer the opportunity to implement his/her own idea and exchange good practices.
- to develop new skills and abilities for the volunteer and young people involved.
- to raise the youngster's awareness in becoming active European citizens.
- to create awareness of personal, socio-cultural, and national aspects of identity.
- to develop a quality framework for informal educational activities.
- to strengthen the sense of European identity.

The chance to work as volunteer is a challenge and an opportunity to exchange experiences and good practice between all people involved in the project and the local community.

The volunteer will take part in many different tasks, according to her/his interests, abilities, and skills.

The volunteer will plan activities to be carried out during his/her ESC together with the staff and mentor.

There won't be any strict schedule settled from the beginning, just a draft one that will be adjusted and modified according to the organisation's needs and the volunteer's abilities.

The ESC activities will generally consist in giving support to the project staff in their daily activities.

The tasks weren't designed to achieve profit, because the organisation is non-profitable and doesn't intend to make financial gain from its activities.

### **Philosophy and working methods of the Jugendkulturzentrum (JUKUZ) der Stadt Aschaffenburg:**

#### **The service will take place at:**

Jugendkulturzentrum (JUKUZ) der Stadt Aschaffenburg  
Kirchhofweg 2, 63739 Aschaffenburg, Germany

#### **Our institution:**

The Jugendkulturzentrum (JUKUZ) is a municipal institution that carries out communal youth work in the town of Aschaffenburg. The target groups are adolescents, children, and families. The European volunteer actively assists in projects of the "Mobile and International Youth Work". The European volunteer gets the opportunity to help create sport events, holiday activities at the adventure playground, work camps and youth exchanges.

#### **Surroundings:**

The JUKUZ is situated in a suburb of Aschaffenburg (70.000 inhabitants). By bicycle or bus, it takes 5 minutes to the city centre.

- Aschaffenburg is a beautiful, old city with a castle. The city offers diversity, has several cinemas, theatres, museums, a language school, and a music school.
- Aschaffenburg is only 45 km away from Frankfurt/Main (airport) which has 700.000 inhabitants.

#### **Typical tasks will be:**

Typical tasks of the volunteer will be:

- Participation in sport projects
- Helping students with their homework
- Collaborative work at the youth radio station

After settling-in, the volunteer is expected to bring in his or her own ideas. Courage and initiative to realise them together with the children and teenagers are very welcome.

The European volunteer assists the JUKUZ with 38 working hours per week. Of these, up to 8 hours are set aside for the volunteer to develop his/her creativity and language skills.

#### **Possible schedule:**

##### Monday:

Supervision (BaskIDball), administrative work, mentor/volunteer reflection meeting

Radio Klangbrett team meeting

(5 hours)

Tuesday:

Supervision (BasKIDball/football)

Aschaffenburg is(s)t bunt (integrative cooking)

(7 hours)

Wednesday:

Supervision of sport project in a special needs facility

Supervision (BasKIDball)

(7 hours)

Thursday:

Supervision (BasKIDball)

(5 hours)

Friday:

Supervision (Youth Club)

(4 hours)

Two hours each week are to be arranged flexibly as required by the staff in prior arrangement with the volunteer for various tasks.

**Working hours and days off:**

The volunteer will work a maximum of 38 hours per week (approx. 8 h of the 38 h per week are set aside for the volunteer's own creative activities or projects which contribute to the visibility and dissemination of the ESC and to improve the language skills), having 2 free days a week and 2 days off per month during the project. Days-off and holidays should be in accord with the team. As the JUKUZ has sometimes weekend activities or holiday games during Easter, Pentecost, and summer holiday, it is also possible that the volunteer has to work more hours and/or at weekends during these activities. Days-off will then be on weekdays instead and/or working hours reduced at other, less busy times.

**Volunteer Allowance (Pocket Money):**

The volunteer will receive a monthly allowance provided by the coordinating organisation (5€/day) via bank transfer.

**Accommodation and Food:**

The volunteer shares a flat with another volunteer near the centre of Aschaffenburg. The volunteer will have her own room with shared bathroom and kitchen. The flat is fitted with a washing machine. Internet access will be available. All the cost related to the accommodation will be supported by the hosting organisation.

Address of the flat: Frankenstrasse 15, 63739 Aschaffenburg, Germany

A monthly food allowance of 263.00 € will be provided via bank transfer for the volunteer by the hosting organisation.

### **Language Training Course:**

The volunteer is eligible to receive linguistic support through *Online Linguistic Tool (OLS)* offered by the European Commission and a language course at the adult education centre in Aschaffenburg, if available.

### **Leisure activities:**

IN VIA offers leisure activities like guided city tours, international youth club meetings, days out and cultural events to the volunteers at the weekends and evening times on a regular basis. Every volunteer is supported by a peer mentor, who has been abroad themselves and acts as a link between the organisations and the volunteer.



### **Local Transport:**

The volunteer is provided with a bicycle. It takes 10-15 minutes to reach the project and the city centre, by walk it takes 20-30 minutes. During the winter season, the volunteer can also use the City Bus. The ticket will be organised by the coordinating organisation.

### **Learning Outcomes:**

The ESC volunteer will be able to develop several competences to improve his/her skills. Therefore, the hosting organisation will provide the opportunity to the volunteer to have learning opportunities in different fields, such as:

approach to the tasks of the project; develop responsibility for the project; become more open to new ideas; develop the sense of initiative; ability to plan and organise activities for the project; flexibility/adaptability and coping with new challenges; proactive attitude and independent work; leadership abilities; ability to face problems; ability to manage conflicts; develop a positive attitude in difficult situations; positive attitude in order to take pride in team performance; team work with colleagues to achieve desired goals; ability to maintain open communication; ability to contribute to a motivating environment.

*Team orientation:* work effectively with other volunteers and other members of the team; active attitude to contribute to the achievement of group and organisational goals; acceptance of shared

responsibility and ownership of projects; maintenance of open communication among team members; assume commitment to team success; consistent contribution with new ideas to the organisation / new projects.

*Innovation and creativity:* ability to develop and implement innovate ideas in the projects; ability to provide unique/different perspectives to improve activities; ability to encourage developing themselves and others.

*Personal characteristics:* maintain a positive attitude at work; ability to act responsibly; ability to share information willingly; ability to make judgements and decisions.

*Cultural expression:* knowledge about German culture; willing to show the culture of the volunteer and spread it among children and youngsters in multicultural projects.

*Communication in a foreign language:* ability to communicate in German to feel more integrated among the others; positive attitude towards the learning process of the German language; persistence to improve communication in German.

The volunteer is invited to take part in our regular meetings of the “Café International”, an open youth club, (together with students, au-pairs, and other young foreigners). Café International will be open once a month and is at the address of the coordinating organisation: Pestalozzistr.17, 63739 Aschaffenburg

The coordinator and the hosting organisation will do their best to find a good way to meet the requests of the volunteer, to offer more possibilities for experiences outside the “normal” ESC activity.